

The Dental Mirror

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Acknowledgement

Heartfelt appreciation to everyone who had assisted in the coming through of this edition and special thanks to the advisory board for the continuous guidance, comments and advices.



This last edition of 2019 Newsletter revolves around student-teacher teamwork, teamwork amongst lecturers and staff commitment to bring Faculty of Dentistry to the next level.

Teamwork involves different people and different groups across ones "Business Working Together" to maximize efficiency and to reach a common goal.

A teamwork environment promotes an atmosphere that fosters friendship and loyalty. These close-knit relationships motivate teachers and everyone in parallel and align all to work harder, cooperate and be supportive of one another, as individuals possess diverse talents, weaknesses, communication skills, strengths and habits.

Team works with students have a different experience. Rooting this exploration in the classroom can help students draw connections between their educational and career goals and coursework, and in turn, find greater relevance in course content. Faculty can thus help students experience the success factors: focused, directed, nurtured, engaged, connected and valued—during their community college/university enrollment.

Broadly speaking, staff who are committed to their organization feel a connection with the organization, feel that they fit in and they understand the goals of the organization. The added value of such staff show relatively high productivity and are more proactive in offering their support. In return it is a continuous learning for them.

A Quote from Michael Jordon the great basketball player

"Talent wins Games, but Teamwork and Intelligence win Championship"

Mouth Cancer Awareness Week 2019 MCAW 2019)

The Mouth Cancer Awareness Week (MCAW) 2019 is held to increase the knowledge of the Malaysian public on oral/ mouth cancer, its risk factors, signs and symptoms and preventive/ early detection methods. The week was launched on the 17th November 2019, in conjunction with DBKL's Car Free Morning. Special T-shirts were put on sale where proceeds from the sales will be used by OCRCC to carry out awareness programmes, Patient Support Care Program and research activities to improve management of Oral Cancer patients and to reduce incidence of Oral Cancer in Malaysia.



Faculty of Dentistry MAHSA University has always carried MAHSA's flag high and MAHSA Dental students' contribution as the 'Walking Billboard' in promoting 'Early Detection of Oral Cancer' brought exciting experience to them. Staff and students took to DBKL ground to partake this event. DDS students did the billboard walk along designated route of either 3km, 5km or 7km. AP Dr Chia and Dr DJ Ooi were actively involved in the MCAW billboard walk and a big thank you to them and to Dr Savithri in guiding the students with creative ideas in making the billboards. Six billboards were produced in both Bahasa Malaysia and English versions.



Back on campus ground and as part of our corporate social responsibility in creating greater awareness about this malady, Faculty of Dentistry had her own MCAW activities on the 21st and 22nd November 2019. Amongst the activities arrayed for MAHSA family were: Billboard Walkabout, Short Quiz on Mouth Cancer, Awareness. Participants will be given prizes, Oral Health Education Booth (Dental Caries, Periodontal Disease, Oral Cancer), Dental check-up.



Dental Camp

Dental Faculty again waived MAHSA's flag high in doing her CSR at three different places despite her busy schedule.

On a Saturday morning, 2nd November 2019, a team of exuberant lecturers and students descended upon Pure Life Society Puchong to offer free dental check-up and oral hygiene advice to the children. Pure Life Society (PLS) provides shelter and assistance to children and for community spiritual and moral improvement.

It was a truly exciting day for the children as well as our dental team to be able to introduce oral health care and information to these young lives.



On 17th November 2019 another team of staff and students delivered another outreach programme at Bandar Saujana Putra. Community service is more than the curriculum requirement. Community-service shifts a substantial portion of dental clinical education from dental school clinics to mainly public health settings. It has lots of positive effects on students and it has significant potential for affecting the values and behaviours of dental students relative to health care access for underserved populations and for attracting diverse students to dental education. Young and old were given equal attention and this is when social relationship and soft skills can be applied.



2019 dental camp drew its final curtain at Yayasan Seribu Yayasan, Shah Alam on 23rd November 2019. Staff-students activities this way fosters teamwork, leadership and the compassion energy, resources, and skills make a difference outside the faculty clinic. And building goodwill through various community outreach and service efforts can help the people in your area see you as a local dentist and as a neighbor, too!



STAFF / STUDENTS ACTIVITIES

Fun with Kindy Kids

On 4th and 25th November 2019 our Year 4 DDS students had an exciting time and experience with kindy children from Tadika Arif Minda, Bandar Saujana Putra. About 34 children accompanied by their teachers were treated with joy and laughter by our dental students.

It is believed that the early years in a child's development are the best time for a child to learn about oral health and to develop a positive attitude about good dental habits. They are receptive to new information, and the earlier healthy oral habits are established, the greater their impact. They have a limit ability to take care of their teeth and this is when the dental students apply their knowledge and skills to get through these young and innocent children.

The oral health promotion unit was full of fun and laughter entertaining whilst teaching them about oral health care via videos and demonstrations and gave them a bout of oral examination in the dental clinic. The aim is to set the stage for good oral health care habits throughout their entire life.

A bigger surprise awaited them when at the end of the half-day visit they were given free samples of the oral-health kits.





Words of Wisdom by Benjamin Franklin for us to ponder:

Tell me I Forget Teach me and I Remember Involve me and I Learn

Prof Phrabha in Cambodia

Faculty of Dentistry, MAHSA University has been recognized as an accredited center for the training of dental surgeons on Cone-beam Computed Tomography (CBCT). This approval was given by the Medical Radiation Protection Division (MRPD) Ministry of Health Malaysia. To extend an update to fellow dentists at University of Puthisastra, Cambodia, Prof Prabha was fully sponsored by that faculty for this noble discourse.

On 2 nd November 2019 Prof Phrabha had a one-day sharing session on Cone Beam Ct, Digital Imaging and Panoramic Radiography to not less than forty fellow dentists there. CBCT has become increasingly important in treatment planning and diagnosis in medicine and dentistry thus knowledge of the machine, its usefulness, advantages and disadvantages were the main agenda of the discourse.



Dean, Faculty of Dentistry Adj Prof Callum Durward, with our very own Prof Phrbaha

On 23rd November 2019 Prof Phrabha was also involved in presenting a lecture on "Oral and Maxillofacial Imaging" at the 62nd Scientific Meeting on "Safety, Quality and Reliability" organised by Nuclear Agency of Malaysia.

It was held in the Royal Chulan Hotel, Bukit Bintang. It was a 1-day seminar where Prof Phrabha was one of the honourable speakers to enlighten the current thinking of imaging practices especially to general medical practitioners, academicians, medical physicians and radiographers.

"An investment in Knowledge Pays the Best Interest"



Dr Smitha in India

 \mathbf{D} r Smitha was lucky as to have this great opportunity to be at the 54th Indian Orthodontics Conference which was held from 22nd to 24 November 2019 at Siksha 'O' Anusandhan (SOA) University, Bhubaneswar India.

The conference embraced clinical and research philosophies, percussions and the latest trends in the field of Orthodontics and Dentofacial Orthopedics with the theme "Innovate, Integrate and Actuate".

The conference venue was well-found with a galaxy of renowned International and National Speakers who set a stage for a vibrant scientific programme, catering to both Academicians and Clinical Practitioners including Post Graduate students to kindle their young minds and also to strengthen their interaction and comradeship with the senior professionals of the Orthodontic fraternity.

Dr Smitha gained not only new knowledge from the conference, she presented an E-poster presentation and walked away with a 3rd prize. Congratulations!!

Dr Mangala in UM

Dr. Mangaladeivanai Elango represented MAHSA Unversity at the 1st International Conference on Digital Solutions for Education and Clinical Dentistry (ICDSECD) held in UM from 18th and 19th November 2019. The conference was jointly organised by University Malaya and National Cheng Kung University, Taiwan.

She not only benefitted from the programmes arrayed but she also participated in an E-Poster presentation. There were rules and guidelines to fulfil participation entry.







Digital technology in clinical dentistry is moving very fast as many applications are available to improve diagnosis, treatment planning and even production of dental products that have been proven cost effective. This conference brought together people from higher education and industry alike in sharing their experience to prepare for the future.

The question is are we ready to embrace digital solutons in our curriculum??

AP Dr Kranthi @ Scientific Conference

AP Dr Kranthi Kacharaju Raja was invited as a distinguished speaker to grace the 31st Annual Scientific Conference organised by the Malaysian Endodontic Society (MES) from 30th November to 1st December 2019. The big event was held t Royal Chulan Petaling Jaya and AP Kranthi joined a galaxy of distinguished speakers from as far as Italy, Jordan, Hong Kong & Korea to stage .

The theme for 2019 was "A Voyage to Finasse" with the aim to empower dental clinicians with the latest updates from cutting-edge research which in turn will form a practical solution for the daily clinical problems.

Endodontic being his forte, AP Kranthi Raja presented a lecture and conducted a workshop on "Endodontic Disinfection Current Stratergies and Protocols".



Dr Nazmul @ Airlangga University Indonesia

Dr Nazmul Haque was at the Department of Periodontology Faculty of Dental Medicine, Universitas Airlangga Soerabaya, Indonesia from 3rd to 6th December 2019. He went on the capacity of an invited International Lecturer where he shared his experiences on "Pulpal Dental Cell Biology" with the fellow members of that faculty.



On 4th December, he has conducted a special lecture on 'Stem Cells in Periodontal Therapy' followed by a daylong dry workshop on 'Dental Pulp Stem Cells in Regenerative Dentistry' on the following day. Participants of his lecture and workshop were the post graduate students and the lectures of Faculty of Dental Medicine, and Faculty of Medicine. Following the workshop, he has attended a Collaborative Research meeting and discussed about the scope of collaborative research with Faculty of Dentistry, MAHSA University.

Dr Nazmul is a molecular biologist and biotechnologist with excellent teaching experiences and research background. His dedication and sense of responsibility towards research work have yielded publishable research outcomes.

Researchers belief that stem cell studies can help in understanding better on how diseases occur, how it can generate healthy cells to replace diseased cells and to test new drugs for safety and effectiveness.

Sharing related knowledge and inspiration is equally important in the professional spheres. It not only fosters vision in others and strengthens professional ties, it also broadens his horizons in stem cells studies.





Implantology Training Programme

There has been a rising demand for implant based dental rehabilitation in the past few decades as they have quite a few advantages compared to the routine dentures – whether fixed or removable. Unfortunately implant based rehabilitation is still not part of the curriculum that dental schools offer in the undergraduate programme. Thus the "**3rd Oral Implantology Training Programme**" planned by the Faculty of Dentistry, MAHSA University was conceptualized to bridge this gap in training for the dental practitioner.

The whole programme was facilitated by a very strong team of a senior maxillo-facial surgeon, Prof Dr. Mohan Alexander, a periodontist and an implantologist Prof Dr Betsy Thomas and a prosthodontist and oral implantologist AP Dr Ravikanth Jujare.



CPD / TRAINING



The course offered two types of training programmes:

- Course **1 Oral Implantology for Beginners (Module 1)** which ran for 2 days whose targeted groups were Dental Students, Dental Graduates and Clinicians. This Course laid the basics for the main Course (Course 2) and was conducted on models, computer simulation, dummies, etc.
- Course **2 Clinical Training in Oral Implantology** which covered Module 1 to Module 4. It ran for 7 days and the targeted groups were Dental Graduates and Clinicians.

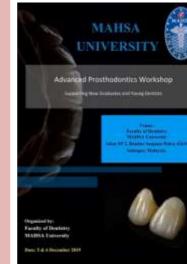
The whole training was spread over a few months, from August to December 2019. It consisted of more than 56 hours of focused training, adopting a blended style of instruction which included lectures, Problem Based Learning, video presentations, hands-on exercises on models and mentor-guided hands-on patient treatment for surgical and restorative skills for participants to attain confidence to pursue implantology independently.

The participants had an interesting line-up of hands-on practice on live patients provided by MAHSA University: treatment planning both clinical and with OPG and CBCT, assisting in implant placements, placement of a minimum of 2 implants per participant in patients and prosthetic rehabilitation of the same patients. Post-mentoring support is provided to every participant who successfully completed the course.

At the end of the training, Certificates were awarded to all successful participants.



Prosthodontic Workshop



 \mathbf{A} 2-days Advanced Prosthodontic Workshop was conducted successfully on 5th and 6th December 2019, with a noble intention to support new graduates and young dentists to master more intricate skills in prosthodontics and to integrate Crown & Bridge in their daily practice.

A team of four dedicated faculty prosthodontists namely AP Dr. Shantosh, AP Dr Ravi, Dr Joan and Dr Mangala lead the all-know-how package workshop with packed programme. There were positive and encouraging reviews and feedback from the participants.

Those who completed the 2-days workshop were awarded certificates.



Prof Dato Dr Wan Mahadzir

 \mathbf{T} here are set criteria for Universities, Associations or Establishments to offer fellowship awards to their members and they have to members of good standing. Faculty of Dentistry MAHSA Unveersity is proud to share the achievements of two of our Oral Maxillofacial Surgeons of their recent awards.

Prof Dato Wan Mahadzir Mustafa was awarded a fellowship by the International Association of Oral and Maxillofacial Surgeons (IAOMS). He was generously offered the Fellowship by a former President of IAOMS John Helfrick wo was an American OMFSurgeon based in Texas



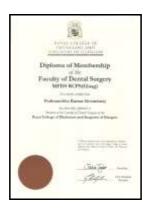
Prof Wan put in his application to join IAOMS in 2005/2006 where he submitted his curriculum vitae. By virtue of him being the former president of Malaysian Association of Oral Maxillofacial Surgeons and the Head of Specialty of OMFS in Ministry of Health at that time plus add-on factors: his publications and his research experience; he was generously offered this award.

Back then in 2005/2006 the association did not offer any certificate. With further enquiries, it was in 2019 that a "Fellowship Certificate" was awarded to him. Congratulations!!

Dr Padmanabha Kumar

Another proud recipient of Fellowship is Dr Padmanabha Kumar. He has been accepted by the Royal College of Physicians and Surgeons (Glasgow) in recognition of his academic excellence: his qualification, experience and his involvement in current research in dental sciences. Congratulations!!

Alongside these Fellowships there are certain benefits for the members. Amongst others are: participation in international conferences, education and development in oral maxillowfacial surgery specialty and offers many benefits from their journals.



CPD / TRAINING